THE UNIVERSITY OF HONG KONG

Bachelor of Biomedical Sciences (BBiomedSc)
Minor in Kinesiology
Credit Unit Statement

All courses in the Minor in Kinesiology under the Bachelor of Biomedical Sciences curriculum are lecture courses. All are of 6 credits, each embracing 120-180 hours of student learning activities (including both contact hours and all other forms of student learning activities). The specification of course type is summarized as follows:

Lecture Courses (6 credits each)
These courses focus on theories and concepts underlying biomechanics, exercise benefits and rehabilitation, exercise physiology, research methods, etc. The courses are predominantly lectures (typically 24-36 hours), to be supplemented by tutorials (typically 6-12 hours). Other learning activities include laboratory experiences, use of computer simulations / interactive DVDs, discussion groups, student presentations, and research projects. Assessment is conducted through continuous assessment including tests, assignments (typically with no more than 4-5 tasks requiring a total of 3,000 to 5,000 words, or equivalent), reports, group discussions, and presentations (20%-100%), as well as written examinations (0%-80%).